How to Contact Department of Behavioral Health and Other Behavioral Health Resources

Emergency Behavioral Health Services
Call 911 or go to the nearest Emergency Room

Emergency Department (BAMC) (210) 916-0808
Who: All Beneficiaries
What: Behavioral Health Emergencies. Provides Command Directed Behavioral Health Evaluations for Emergencies only
Where: 3551 Roger Brooke Drive, Ft Sam Houston, TX, 78234
When: 24/7
National Suicide Prevention Lifeline (800) 273-TALK (8255)
Website: https://suicidepreventionlifeline.org/
Who: Anyone
Veteran’s Crisis Line (800) 273-8255, Press 1. You may also text
838255 for help
Website: http://www.veteranscrisisline.net
Who: Active Duty, Veterans, Retirees, Dependents, Families, and Friends
DA Victim’s Advocate Hotline: 210) 367-1213
Primary purpose: Restricted and Unrestricted assistance for adult victims of domestic violence or intimate partner sexual assault

Department of Behavioral Health

Outpatient Services
Phone: (210) 916-1600,
Website: https://www.bamc.health.mil/departments/behavioral/
Go to BAMC homepage, choose “Departments” then choose “Behavioral Health.”

**Walk-In Services are available. Known emergencies should go to the nearest Emergency Room

**Command Directed Behavioral Health Evaluations (210) 539-9589/9567

Multi-Disciplinary Behavioral Health Services (210) 539-9589/9567
Who: Active Duty.
What: Provides individual, group and medication therapy as well as substance abuse disorder care and case management. Provides Command Directed Behavioral Health Evaluations.
Where: 4178 Petroleum Dr. BLDG 3528R, JBSA, on Ft Sam Houston near the RV Park.
When: Mon-Fri 7:30 am-4:30 pm. Provides Walk-In/Triage Service during duty hours.

Campus Behavioral Health Services (210) 808-2534/2584
Who: Students enrolled in Medical Education and Training Campus (METC) programs.
What: Provides individual, group and medication therapy as well as substance abuse disorder care and case management. Provides Command Directed Behavioral Health Evaluations.
Where: CPT Jennifer M. Moreno Primary Care Clinic, 3100 Schofield Rd. BLDG 1179, JBSA, Ft Sam Houston, TX, 78234
When: Mon-Fri 6:00 am-3:00 pm. Provides Walk-In/Triage Service during duty hours.

BAMC Multi-Disciplinary Behavioral Health Services (210) 539-7801/8463
Who: All BAMC military, ISR, GME/GHE residents, and 959th active duty personnel.
What: Provides individual, group and medication therapy as well as case management. Provides Command Directed Behavioral Health Evaluations.
Where: 3551 Roger Brooke Drive, Ft Sam Houston, TX, 78234, Bldg. 3600 (BAMC 7E).
When: Mon-Fri 7:30 AM-4:30 PM. Provides Walk-In/Triage Service during duty hours.

Child and Family Behavioral Health Services (210) 916-4342
Who: Dependent Children up to 18 year and Adult Family Members
What: Provides individual, family, group and medication therapy.
Where: Two locations – (Children) 3551 Roger Brooke Drive, Ft Sam Houston, TX, 78234, near General Pediatrics in the main hospital. (Adults) 4178 Petroleum Dr. BLDG 3528R, JBSA, on Ft Sam Houston near the RV Park.
When: Mon-Fri 7:30am- 4:30 pm – both locations

Behavioral Health Referral Services

Clinical Health Psychology Services (210) 916-1063
Who: Active Duty and Adult beneficiaries.
What: Provides individual and group therapy to assist in management of medical symptoms, pain, medical treatment adherence and emotional sequelae associated with acute or chronic medical conditions. Referrals are generally submitted by the primary treating inpatient or outpatient provider.
Where: 3551 Roger Brooke Drive, JBSA, Ft Sam Houston, TX, 78234
When: Mon-Fri 7:30 am-4:30 pm.

Neuropsychology Services (210) 916-7641
Who: Active Duty. Dependent and Retirees are seen on a space-available basis. Appointments are available by consult from a referring medical provider.
What: Provides neurocognitive evaluation services.
Where: 2nd Floor, BAMC, 3551 Roger Brooke Drive, JBSA, Ft Sam Houston, TX, 78234
When: Mon-Fri 7:30 am-4:30 pm

Psychological Health Intensive Outpatient Program (PHIOP) (210) 808-2585
Who: Active Duty, Students enrolled in METC, referred by PCM or Mental Health provider. No walk-in services are available for non-IOP patients. Programming hours depends on Track assigned
What: Provides intensive outpatient behavioral health day treatment.
Where: CPT Jennifer M. Moreno Primary Care Clinic, 3100 Schofield Rd. BLDG 1179, JBSA, Ft Sam Houston, TX, 78234
When: Mon-Fri 7:30 am-4:30 pm

Addictions Medicine Intensive Outpatient Program (AMIOP) (210) 539-9589
Who: Active Duty referred by PCM or Mental Health provider. No walk-in services are available for non-IOP patients.
What: Provides intensive outpatient substance use disorder day treatment.
Where: 4178 Petroleum Dr. BLDG 3528R, JBSA, on Ft Sam Houston near the RV Park.
When: Mon-Fri 7:30 am-4:30 pm. Provides Walk-In/Triage Service during duty hours.

Inpatient Services

Consult and Liaison Behavioral Health Services Pager (210) 513-2243 (This is not a suicide hotline). This service is for consultation to Inpatient and Emergency Department staff.
Who: Brooke Army Medical Center Inpatient and Emergency Department staff
What: Provides Behavioral Health consultation services to primary medical team.
Where: 6T, BAMC, 3551 Roger Brooke Drive, JBSA, Ft Sam Houston, TX, 78234
When: 24 hours daily

Inpatient Psychiatry Services (210) 916-2096/2069 (This is not a suicide hotline)
Who: Active Duty members, requiring Inpatient Psychiatric services
What: Inpatient Psychiatric care
Where: 6T- Brooke Army Medical Center, 3551 Roger Brooke Dr. JBSA, Ft Sam Houston, TX, 78234
When: 24 hours daily

Behavioral Health Residential Treatment Program (RTP) (210) 916-8822
When: Readiness Building
Where: of needs
What: Inpatient substance use disorder and co-occurring psychiatric disorders to include individual, group, and pharmaceutical therapy
When: 24/7
Where: 7551 Roger Brooke Drive, Fort Sam Houston, TX 78234, BAMC 7W

Additional Resources

Military One Source (800) 342-9647
Website: http://www.militaryonesource.com
Who: Active Duty and their Dependents. Care provided without a requirement for a referral

San Antonio Consult and Appointment Management Office (210) 916-9900
Who: All enrolled beneficiaries
What: Beneficiaries may seek information regarding clinic location and appointment scheduling
Where: Various locations
When: Hours vary by clinic

BAMC Primary Care Clinics (210) 916-3000 for appts
Who: All enrolled beneficiaries
What: Beneficiaries may seek or initiate care for Behavioral Health concerns thru their primary care provider if they desire
Where: Various locations
When: Hours vary by clinic

Warrior Transition Battalion Social Work Services (210) 916-3523
Who: Warriors in Transition and their Families
What: Provides Social Work Services
Where: BLDG 3646, on the BAMC Campus
When: Mon-Fri 7:30am - 4:30 pm

BAMC Dept. of Ministry and Pastoral Care (210) 916-1105(front desk)/5877 during duty hours; after hours have Chaplain paged
Who: Anyone using the hospital facilities and ALL staff
What: Provides pastoral, religious and spiritual care and services
Where: BAMC/FSH
When: 24/7
Chaplain Pager: (210) 513 9348

Fort Sam Houston Garrison Chaplains
(210)221-5007 (Duty Hours)
(210) 365-6420 (After Duty Hours)

Chaplain Family Life Center
(210)221-5007 (Duty Hours)
(210) 365-6420 (After Duty Hours)
Who: Service Members and families
What: Short-term counseling for needs of all kinds
Where: Dodd Field Chapel
When: Mon-Fri 7:30 am -4:30pm

Family Advocacy Program
Who: Active Duty and their family members
Where: Building 196, 2270 Stanley Road (On the corner of Stanley and Wilson) Ft. Sam Houston, TX 78234 (210) 221-1996 (Normal Duty Hours) or 24-Hour Hotline (210) 367-1213
Domestic Abuse Victim Advocates (210) 292-0418
When: Mon-Fri 7:30am – 4:30 pm

Military Family Life Consultants (210) 627-3183
Who: Active Duty, family members, retirees, DA civilians, reservists (DoD ID card holders)
What: Short-term counseling with licensed counselors for a full range of needs without medical record documentation
Where: 3060 Stanley Road, Suite 95 (in the Military and Family Readiness Building)
When: Mon-Fri 7:30am-4:30pm (however, MFLCs are available to meet with clients virtually anytime, any place if needed)

Military and Family Readiness - Army Community Services (210) 221-2705
Who: Active Duty and families
What: Assistance with parenting, finances, relationships, coping skills and a vast array of other services
Where: 2797 Stanley Road
When: Mon-Fri 7:30 am – 4:30 pm

United States Army Inspector General (210) 221-2474 (Army), (210) 808 0169 (AF)
Website: https://www.army.mil/Resources/Pages/IG.aspx
Who: Active Duty, family members, civilian employees
What: Assistance to commanders, service members, family members, civilian employees and others seeking help with problems related to the U.S. Army
Where: Check the website for the appropriate location for your needs
When: Mon – Fri 8:00am – 4:00pm (No appointment is necessary to see the IG)

Fort Sam Houston Staff Judge Advocate (210) 808-0169
Who: Active Duty
What: Legal Assistance and advice for a variety of legal concerns; call for an appointment and to ensure access to the correct section of JAG and availability of services
Where: 2271 Reynolds Road, JBSA, Ft Sam Houston, TX, 78234
When: Mon- Fri 8:00am-4:30 pm

TRICARE (800) 700-8646 for Behavioral Health Care
Website: http://www.humana-military.com
Who: All Beneficiaries. ACTIVE DUTY REQUIRE A REFERRAL before receiving network Behavioral Health Care. Other beneficiaries may receive network Behavioral Health Care WITHOUT a referral.